

Let them praise the
Name of the LORD!
For His Name alone is exalted!

DECEMBER 2017



Saints Constantine and Helen Greek Orthodox Church
Fr. John Alexandres
Services on Saturday morning

43404 30th St. W, Lancaster, California 93536

Website: www.stsch.org – Church Phone: 661-945-1212

For confirmation on any event, please phone or text Sylva Robinson at 661-794-8307

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Matins Divine Liturgy 8:30/9:30 AM
3 14TH Sunday of Luke Luke 18:35-43 No service	4	5	6	7	8	9 Conception of the Theotokos Matins-Liturgy 8:30/9:30 AM Parish Elections Luncheon
10 10TH Sunday of Luke Luke 13:10-17 No service	11	12	13	14	15	16 Matins Divine Liturgy 8:30/9:30 AM Parish Council
17 11TH Sunday of Luke Luke 14:16-24 No service	18	19	20	21	22	23 Matins Divine Liturgy 8:30/9:30 AM
24 EVE OF HOLY NATIVITY OF OUR LORD Matins-Liturgy 5PM/6PM	25 HOLY NATIVITY OF OUR LORD JESUS CHRIST No service	26	27	28	29	30 Matins Divine Liturgy 8:30/9:30 AM
31 Sunday Before Holy Theophany Mark 1:1-8 No service						

CHURCH CALENDAR FOR DECEMBER 2017¹

Nativity Fast through Dec 24th. Fast Free: Dec 25-Jan 4th See footnote for fasting guide below.

<i>Fri</i>	1	Holy Prophet Nahum. St. Philaret the Almsgiver of Amnia. Holy Martyr Ananias the Persian
<i>Sat</i>	2	☞ Holy Prophet (Abbacum) Habakkuk. Our Righteous Father Cyril of Phileus. Martyr Myrope of Chios. Porphyrios of Kavsoalyvia. Theophilos, John, Heraclemon and Andrew the Hermits
<i>Sun</i>	3	☞ Holy Prophet Sophonias (Zephaniah). Hieromartyr Theodore of Alexandria. John the Hesychast
<i>Mon</i>	4	☞ Holy Great Martyr Barbara and Juliana. Our Righteous Father John of Damascus. New Hieromartyr Seraphim, Bishop of Phanar †1601. John the Wonderworker, Bishop of Phrygia
<i>Tue</i>	5	☞ Our God-bearing Father Savvas the Sanctified [rest from labor] Holy Martyr Anastasius. Holy Martyr Diogenes. Righteous Philotheos of Karyes, Mount Athos. Holy Martyr Averkios.
<i>Wed</i>	6	♣ Our Father Nicholas the Wonderworker, Archbishop of Myra in Lycia [rest from labor].
<i>Thu</i>	7	☞ St Ambrose, Bishop of Milan. Martyr Athenodoros of Mesopotamia. Holy Martyrs Neophytos, Dometius. Martyrs Isidore, Aceptsimas, Leo. Our Righteous Father Gerasimus, Ascetic of Euboa
<i>Fri</i>	8	Forefeast of the Conception by St. Anna of the Theotokos. Righteous Patapius of Thebes. Apollo, Tychikos, Sosthenes, Cephas, Epaphroditos, Caesar, & Onesiphoros of the 70 Apostles
<i>Sat</i>	9	☞ St. Anna's conception of the Holy Theotokos [rest from labor]. Hannah the Righteous, mother of Prophet Samuel. Martyrs Narses, Sositheus, Isaac of Persia.
<i>Sun</i>	10	☞ Holy Martyrs Menas the Eloquent, Hermogenes, and Eugraphus. Righteous Thomas of Bithynia
<i>Mon</i>	11	☞ Our Father Daniel the Stylite of Constantinople. Our Father Luke the New Stylite of Chalcedon
<i>Tue</i>	12	♣ Our Righteous Father Spyridon the Wonderworker of Trymithous [rest from labor]. Martyr Synetus of Rome. Holy New Martyr Peter the Aleut (†1815), Hieromartyr Juvenal of Alaska
<i>Wed</i>	13	Herman the Wonderworker of Alaska. Martyrs Eustratius, Auxentius, Eugene, Mardarius, and Orestes of Greater Armenia. Virgin-martyr Lucia of Sicily. Hieromartyr Gabriel, Abp. of Serbia
<i>Thu</i>	14	Holy Martyrs Thyrsus, Leucius, and Callinicus of Asia Minor. Holy Martyrs Philemon, Apollonius, and Arian of Alexandria.
<i>Fri</i>	15	♣ Hieromartyr Eleutherios Bishop of Illyricum, and his mother Anthia. Susannah the Deaconess
<i>Sat</i>	16	♣ Holy Prophet Aggaeus (Haggai). St. Modestos, Abp. of Jerusalem. Righteous Mother Empress Theophano. Nicholas, Patriarch of Constantinople, Memnon Archbishop of Ephesus
<i>Sun</i>	17	♣ Prophet Daniel & the 3 Holy Youths Ananias, Azarias, Misael. St. Dionysios of Zakynthos
<i>Mon</i>	18	Martyr Sebastian of Rome & 9 with him. St. Michael the Confessor. St. Sofia the Wonderworker
<i>Tue</i>	19	Holy Martyrs Boniface & Aglais or Rome. Martyrs Elias, Probus, Ares, Timothy, Polyeuctus. Holy Matryr Eutychios of Thessaloniki and the 270 men and women with him.
<i>Wed</i>	20	♣ Forefeast of the Nativity. Hieromartyr Ignatius the God-bearer, of Antioch. Our Righteous Father John the Wonderworker of Kronstadt. Newmartyr John the Tailor of Thasos
<i>Thu</i>	21	Holy Virgin Martyr Julianna of Nicomedia & 630 with her. Holy Martyr Themistocles of Myra. Peter the Wonderworker, Metropolitan of Moscow.
<i>Fri</i>	22	Great Martyr Anastasia of Rome, Deliverer from Potions. Martyr Chrysogonos of Rome. Martyr Theodota of Bithynia and her children. Martyr Zoilos. Door opening of the Great Church CP
<i>Sat</i>	23	♣ Ten Holy Martyrs of Crete. Paul the Confessor, Archbishop of Neocaesarea. Nahum of Ochrid, the Wonderworker, enlightener of the Bulgarians.
<i>Sun</i>	24	♣ Righteous Martyr Eugenia and her companions. New Martyr Ahmet in Constantinople †1657.
<i>Mon</i>	25	HOLY NATIVITY OF OUR LORD, GOD AND SAVIOR JESUS CHRIST [rest from labor] Commemoration of the adoration of the Magi and Shepherds that beheld the Lord.
<i>Tue</i>	26	Synaxis of our Most Holy Lady the Theotokos. Euthymios the Confessor, Bishop of Sardis New Hieromartyr Constantine the Russian, who contested in Constantinople †1743
<i>Wed</i>	27	Protomartyr Archdeacon Steven. Theodore the Branded. Theodore, Abp. of Constantinople
<i>Thu</i>	28	20,000 Martyrs burned in Nicomedia. Simon Myrrh-streamer, founder of Simonopetra Mt. Athos.
<i>Fri</i>	29	Holy 14,000 infants slain by Herod. Righteous Fr. Thaddeus the Confessor, the Studite. Righteous Father George, Bishop of Nicomedia, hymnographer.
<i>Sat</i>	30	Holy Virgin Martyr Anysia of Thessaloniki. Righteous Leo the Archimandrite. Righteous Gideon the New who contested in Thessaly †1657. Righteous Theodora of Caesarea.
<i>Sun</i>	31	Apodosis of the Nativity. Mother Melania the Younger of Rome. Martyr Zoticus, Presbyter of Rome, Patron of Orphans. Righteous Gelasius or Egypt.

Fasting key: Plain font Mon xx = no fasting. *Bold Font Mon xx* = fast day: no meat, eggs, dairy products, fish, oil or wine {alcohol}.

Exceptions: ♣ = oil, shellfish, wine permitted. ☞ = fish, oil and wine (alcohol) permitted. ☞♣ = Dairy, eggs, fish, oil, wine permitted.

Please see Fr. John if you have any questions regarding the fasting discipline of the Holy Orthodox Church