

Let them praise the
Name of the LORD!
For His Name alone is exalted!

OCTOBER 2017



Saints Constantine and Helen Greek Orthodox Church
Fr. John Alexandres

Services on Saturday morning

43404 30th St. W, Lancaster, California 93536

Website: www.stsch.org – Church Phone: 661-945-1212

For confirmation on any event, please phone or text Sylva Robinson at 661-794-8307

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 2ND Sunday of Luke Luke 6:31-36 No service	2	3	4	5	6	7 Matins Divine Liturgy 9AM/10AM Church School Classes Start PARISH LUNCHEON
8 3RD Sunday of Luke Luke 7:11-16 No service	9	10	11	12	13	14 Matins Divine Liturgy 9AM/10AM
15 Holy Fathers 7TH Synod Luke 8:5-15 No service	16	17	18	19	20	21 Matins Divine Liturgy 9AM/10AM Parish Council
22 6TH Sunday of Luke Luke 8:26-39 No service	23	24	25	26	27	28 Holy Protection of the Theotokos Matins Divine Liturgy 9AM/10AM Philoptochos Potluck
30 7TH Sunday of Luke Luke 8:41-56 No service	31					

CHURCH CALENDAR FOR OCTOBER 2017¹

Fast Wednesdays and Fridays this month. See fasting guideline below.

Sun	1	Holy Protection of the Most-Holy Theotokos (Greece celebrates on Oct 28th) St. Romanos the Melodist. Apostle Ananias of the 70. St. John Cucuzelis
Mon	2	Hieromartyr Cyprian, the former Sorcerer, and Virgin martyr Justina. St. Damaris of Athens. St. Theodore Gabra, the soldier.
Tue	3	Hieromartyr Dionysios the Areopagite, 1 st Bishop of Athens.
Wed	4	Hieromartyr Hierotheos, Bishop of Athens. St. Ammon of Egypt, disciple of St. Paul. Martyr Domnina
Thu	5	Martyr Charitina. Righteous Methodia of Cimolos. Hierarchs of Moscow: Peter, Alexis, Jonas, Philip and Hermogenes
Fri	6	◆ Holy and Glorious Apostle Thomas. New-martyr Makarios of Chios (†1590)
Sat	7	Great-martyrs Sergios and Bacchus. St. John of Crete and the 98 Righteous Fathers w/him
Sun	8	New-martyr Ignatios of the Holy Mountain. Virgin-martyr Pelagia, the former Courtesan. St. Taisia, the former Harlot.
Mon	9	Apostle Iakovos (James), the son of Alpheus. St. Andronikos the jeweler, and his wife Athanasia. Righteous Abraham the Just and his nephew Lot.
Tue	10	Martyrs Eulampios and his sister Eulampia. Righteous Theophilos
Wed	11	Holy Apostle Philip of the 70, one of the 7 Deacons. St. Theophanes the confessor, Bishop of Nicea, hymnographer and composer of Canons. St. Zenais (Zenaida),
Thu	12	St. Symeon the New Theologian. Martyrs Provos, Tarachos, & Andronikos (crucifixion). St. Theosebios of Arsinoe
Fri	13	Martyrs Karpos, Papylos, Agathodoros, and Agathonika. Holy Monastery Iviron Icon of the Theotokos (Portaitissa).
Sat	14	Great-martyrs Nazarios, Celcus, Gervasios, and Protasios of Milan. St. Cosmas the Hymnographer. St. Parascevi (Petka) of Serbia. St. Ignatios of Methymna
Sun	15	Martyr Lucian, Presbyter in Antioch. St. Euthymios of Ankara. St. Savinos, Bishop of Cyprus
Mon	16	Martyrs Longinos the Centurion, and Longine of the Kievan Caves. Righteous Malos
Tue	17	Hieromartyr St. Andrew. Prophet Hosea. Synaxis of the Holy Unmercenary Saints.
Wed	18	◆ Holy Apostle and Evangelist Luke. Sts. Theodore, Symeon & Euphrosyne.
Thu	19	Prophet Joel. Wonder-worker John Ryla. St. John of Kronstadt. Martyr Varus. St. Cleopatra the Righteous
Fri	20	Great-martyr Artemios. St. Matriona of Chios. St. Gerasimos, the New Ascetic of Cephalonia
Sat	21	St. Hilarion the Great. Great-martyr Theodota & Sokrates. St. Christodoulos of Patmos. St. Philotheos of Mt. Athos. St. Hilarion of the Kievan Caves.
Sun	22	St. Averkios, Bishop of Hierapolis, Equal-to-the-Apostles. Holy 7 Youths of Euphesus
Mon	23	Holy Apostle Iakovos (James, the greater), brother of the Lord, 1 st Bishop of Jerusalem. St. Macarios the Roman.
Tue	24	Great-martyr Al-Harith (Arethas) and his 4299 fellow Martyrs. Martyr Sebastiane. Icon of the Theotokos "Joy of All Who Sorrow"
Wed	25	Martyrs Markianos the reader, and Martyrios the sub-deacon, the notaries to St. Paul the Confessor, Patriarch of Constantinople. St. Tabitha the Almsgiver
Thu	26	Holy Great-martyr Demetrios, the Myrrh-streaming of Thessalonika. [rest from labor] New-martyr Ioasaph (†1536).
Fri	27	Martyr Nestor. St. Prokla, wife of Pontius Pilate. St. Andrew, Prince of Smolensk
Sat	28	Martyrs Terence, Neonilla and 7 children. St. Arsenios of Serbia. St. Dimitri of Rostov.
Sun	29	Righteous-martyr Anastasia of Rome. St. Maria.
Mon	30	Hieromartyr Zenobios, Bishop of Aegea, and his sister Martyr Zenobia.
Tue	31	Apostles Stachys, Apelles, Amplias, Urban, Narcissas, and Aristobulos of the 70. St. Nicolas the New-martyr in Chios.

Fasting key: Plain font Mon xx = no fasting. *Bold Font Mon xx* = fast day: no meat, eggs, dairy products, fish, oil or wine {alcohol}.

Exceptions: ◆ = oil, shellfish, wine permitted. ← = fish, oil and wine (alcohol) permitted. ☩ = Dairy, eggs, fish, oil, wine permitted.

Please see Fr. John if you have any questions regarding the fasting discipline of the Holy Orthodox Church