

JUNE 2017

Let them praise the
Name of the LORD!
For His Name alone is exalted!



METROPOLIS OF
SAN FRANCISCO

Saints Constantine and Helen Greek Orthodox Church
Fr. John Alexandres

Services on Saturday mornings starting June 10th

43404 30th St. W, Lancaster, California 93536

Website: www.stsch.org – Church Phone: 661-945-1212

For confirmation on any event, please phone or text Sylva Robinson at 661-794-8307

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4 HOLY PENTECOST John 7:37-52; 8:12 Father's Day	5 Monday of the Holy Spirit No service	6	7	8	9	10 Apodosis of Holy Pentecost Matins Divine Liturgy 9AM/10AM
11 Sunday of All Saints No service	12 Holy Apostles' Fast 12-28 June	13	14	15	16	17 Matins Divine Liturgy 9AM/10AM Parish Council
18 2nd Sunday of Matthew No service	19	20	21	22	23	24 Nativity of the Holy Forerunner Matins Divine Liturgy 9AM/10AM
25 3rd Sunday of Matthew No service	26	27	28	29 Holy Apostles Peter and Paul No service	30 Synaxis of the Twelve Holy Apostles No service	

CHURCH CALENDAR FOR JUNE 2017¹

Fasting rules vary this month due to Pentecost and the Holy Apostles' Fast, see guide

- Thu 1 Martyr Justin the Philosopher. Hieromartyr Pyrrhos.
- Fri 2 ♦ **Apodosis (leave-taking) of Holy Ascension.** Erasmos of Ochrid & his companions St. Nikephoros the Confessor, Patriarch of Constantinople †843. St. John of Suchava.
- Sat 3 **Saturday of the Souls.** Martyrs Lucillianus, Claudius, Hypatios, Dionysios, Paul and Paula.
- Sun 4 **HOLY PENTECOST – Descent of the Holy Spirit & Ordination of the Apostles**
Sts. Martha and Mary, sisters of St. Lazarus. St. Metrophanes Abp. of Constantinople †326
- All foods permitted the Week of Pentecost from June 5-11th**
- Mon 5 **Monday of the Holy Spirit.** Hieromartyr Dorotheus of Tyre †363.
Great-martyrs Nicander, Gorgus & Apollon. New-martyr Mark of Smyrna.
- Tue 6 Righteous Hilarion the New, of Dalmatus in Constantinople. Attalos the Wonderworker.
- Wed 7 Hieromartyr Theodotos, Bishop of Ankyra. Martyr Zenais. Martyrs Tarasios & John.
Righteous Hilarion of Cappadocia (against the iconoclasts). Martyr Potamiane of Alexandria.
- Thu 8 **Removal of relics of Great-martyr Theodore the Commander.** Martyr Calliope.
New-martyr Theophanes †1559. New-martyr Anastasios. Melania the Righteous.
- Fri 9 St. Cyril, Patriarch of Alexandria (against Nestorius †444). 3 Virgin Martyrs of Chios.
- Sat 10 **Apodosis of Holy Pentecost.** Great-martyr Alexander, Antonina. Timothy Bishop of Prussa.
Righteous Theophanes and Pansemne. Gregory Bishop of Assos. Holy Martyrs of China.
- Sun 11 **Sunday of All Saints. Holy Apostles Bartholomew of the 12, and Barnabas of the 70.**
Synaxis of miraculous icon of the Theotokos “Axion Esti”

Holy Apostle's Fast June 12-28th

- Mon 12 ↔ St. Onuphrios the Great of Egypt. St. Peter (founder of Mt. Athos monastic community)
- Tue 13 ↔ Virgin-martyr Akylina of Syria †298. St. Triphyllius, Bishop of Lefkosia, Cyprus
- Wed 14 Holy Prophet Elisha. St. Methodios the Confessor, Patriarch of CP. St. Niphon of Mt. Athos
- Thu 15 ↔ Prophet Amos. Righteous Jerome. St. Lazarus of Serbia.
Achikos, Stephanas and Fortunatos of the 70 Apostles.
- Fri 16 St. Tychon the Wonderworker. 40 Martyrs of Rome. Mark the Just of Apollonia.
- Sat 17 ↔ Martyrs Manuel, Samel and Ishmael et al in Persia †362. Martyrs Isaurus et al of Athens
- Sun 18 ↔ Martyrs Leontius, Hypatios, Theodoulos of Syria †72. Martyr Leontios of Argos.
- Mon 19 ↔ Apostle Jude, the Lord's Brother (kinsman). Paisios the Great. John Maximovitch the Wonderworker, of San Francisco †1966. Martyr Zosima. Righteous Zenonus.
- Tue 20 ↔ Hieromartyr Methodios Bishop of Olympus. St. Nicholas Cabasilas.
Kallistos I, Patriarch of Constantinople.
- Wed 21 Martyr Julianos of Tarsus Egypt. New-martyr Niketas of Nisyros. Terentios of Iconium.
- Thu 22 ↔ Hieromartyr Eusebios the Confessor, Bishop of Samosata †380.
Martyrs Zenon and Zenas. Martyr Alban of Britain. St. Paulinas of Nola.
- Fri 23 Virgin-martyr Agrippina, Hieromartyr Aristocles with Demetrianos and Athanasios †303
- Sat 24 ↔ **Nativity of the Holy, Glorious Prophet, Forerunner and Baptist John [rest from labor].** Synaxis of the Righteous Zachariah and Elizabeth (parents of St. John).
- Sun 25 ↔ Virgin-martyr Fevronia of Palmyra. St. Dionysios (founder of Dionisiou monastery).
St. Orentios and 6 others with him. St. George the New-Martyr †1823. New martyr Prokopios
- Mon 26 ↔ St. David of Thessaloniki †540. Righteous Anthion. Newmartyr David of St Anne's Skete.
- Tue 27 ↔ St. Sampson the Glorious Innkeeper (and physician †540). Joanna the Myrrh-bearer.
- Wed 28 ↔ Translation of Relics of Holy Unmercenaries Cyrus and John, Wonder-workers of Egypt.
- Thu 29 **Holy Apostles Peter and Paul [rest from labor]**
- Fri 30 ♦ **Synaxis of the 12 Holy, Glorious and All-famed Apostles [rest from labor]**
New-martyr Michael of Athens. St. Sophronius of Irkutsk.

¹Fasting key: Plain font Mon xx = no fasting. *Bold Font Mon xx* = fast day: no meat, eggs, dairy products, fish, oil or wine (alcohol).
Exceptions: ♦ = oil, shellfish, wine permitted. ↔ = fish, oil and wine (alcohol) permitted. ☪ = Dairy, eggs, fish, oil, wine permitted.
 Please see Fr. Dionysios if you have any questions regarding the fasting discipline of the Holy Orthodox Church