

Let them praise the
Name of the LORD!
For His Name alone is exalted!

DECEMBER 2018



Saints Constantine and Helen Greek Orthodox Church
Rev. Father John Beal
Sunday Services 9:00 AM Matins – 10:00 AM Divine Liturgy
 43404 30th St. W, Lancaster, California 93536
 Website: www.stsch.org – Church Phone: 661-945-1212
 For confirmation on any event, please phone or text Sylva Robinson at 661-794-8307

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 14 TH Sunday of Luke Luke 18:35-43	3	4 Vespers 5:30PM Class 6:30PM	5	6	7	8
9 10 TH Sunday of Luke Luke 13:10-17 Parish Elections	10	11 Vespers 5:30PM Class 6:30PM	12	13	14	15
16 11 TH Sunday of Luke Luke 14:16-24 Parish Council	17	18 Vespers 5:30PM Class 6:30PM	19	20	21	22
23 Sunday Before Holy Nativity Matt 1:1-25	24 EVE OF NATIVITY OF OUR LORD JESUS CHRIST No service	25 HOLY NATIVITY OF OUR LORD JESUS CHRIST Matins-Liturgy 9AM/10AM	26	27	28	29
30 Sunday After Holy Nativity Matt 2:13-23	31					

CHURCH CALENDAR FOR DECEMBER 2018¹

<i>Sat</i>	1	➔	Holy Prophet Nahum. St. Philaret the Almsgiver of Amnia. Holy Martyr Ananias the Persian
<i>Sun</i>	2	➔	Holy Prophet (Abbacum) Habakkuk. Our Righteous Father Cyril of Phileus. Martyr Myrope of Chios. Porphyrios of Kavsokalyvia. Theophilos, John, Heraclemon and Andrew the Hermits
<i>Mon</i>	3	➔	Holy Prophet Sophonias (Zephaniah). Hieromartyr Theodore of Alexandria. John the Hesychast
<i>Tue</i>	4	➔	Holy Great Martyr Barbara and Juliana. Our Righteous Father John of Damascus. New Hieromartyr Seraphim, Bishop of Phanar †1601. John the Wonderworker, Bishop of Phrygia
<i>Wed</i>	5	♦	Our God-bearing Father Savvas the Sanctified [rest from labor] Holy Martyr Anastasius. Holy Martyr Diogenes. Righteous Philotheos of Karyes, Mount Athos. Holy Martyr Averkios.
<i>Thu</i>	6	➔	Our Father Nicholas the Wonderworker, Archbishop of Myra in Lycia [rest from labor].
<i>Fri</i>	7		St Ambrose, Bishop of Milan. Martyr Athenodoros of Mesopotamia. Holy Martyrs Neophytos, Dometius. Martyrs Isidore, Aceptsimas, Leo. Our Righteous Father Gerasimus, Ascetic of EuBoia
<i>Sat</i>	8	➔	Forefeast of the Conception by St. Anna of the Theotokos. Righteous Patapius of Thebes. Apollo, Tychikos, Sosthenes, Cephas, Epaphroditos, Caesar, & Onesiphoros of the 70 Apostles
<i>Sun</i>	9	➔	St. Anna's conception of the Holy Theotokos [rest from labor]. Hannah the Righteous, mother of Prophet Samuel. Martyrs Narses, Sositheus, Isaac of Persia.
<i>Mon</i>	10	➔	Holy Martyrs Menas the Eloquent, Hermogenes, and Eugegraphus. Righteous Thomas of Bithynia
<i>Tue</i>	11	➔	Our Father Daniel the Stylite of Constantinople. Our Father Luke the New Stylite of Chalcedon
<i>Wed</i>	12	♦	Our Righteous Father Spyridon the Wonderworker of Trymithous [rest from labor]. Martyr Synetus of Rome. Holy New Martyr Peter the Aleut (†1815), Hieromartyr Juvenal of Alaska
<i>Thu</i>	13		Herman the Wonderworker of Alaska. Martyrs Eustratius, Auxentius, Eugene, Mardarius, and Orestes of Greater Armenia. Virgin-martyr Lucia of Sicily. Hieromartyr Gabriel, Abp. of Serbia
<i>Fri</i>	14		Holy Martyrs Thyrsus, Leucius, and Callinicus of Asia Minor. Holy Martyrs Philemon, Apollonius, and Arian of Alexandria.
<i>Sat</i>	15	♦	Hieromartyr Eleutherios Bishop of Illyricum, and his mother Anthia. Susannah the Deaconess
<i>Sun</i>	16	♦	Holy Prophet Aggaeus (Haggai). St. Modestos, Abp. of Jerusalem. Righteous Mother Empress Theophano. Nicholas, Patriarch of Constantinople, Memnon Archbishop of Ephesus
<i>Mon</i>	17	♦	Prophet Daniel & the 3 Holy Youths Ananias, Azarias, Misael. St. Dionysios of Zakynthos
<i>Tue</i>	18		Martyr Sebastian of Rome & 9 with him. St. Michael the Confessor. St. Sofia the Wonderworker
<i>Wed</i>	19		Holy Martyrs Boniface & Aglais or Rome. Martyrs Elias, Probus, Ares, Timothy, Polyeuctus. Holy Matyr Eutychios of Thessaloniki and the 270 men and women with him.
<i>Thu</i>	20	♦	Forefeast of the Nativity. Hieromartyr Ignatius the God-bearer, of Antioch. Our Righteous Father John the Wonderworker of Kronstadt. Newmartyr John the Tailor of Thasos
<i>Fri</i>	21		Holy Virgin Martyr Julianna of Nicomedia & 630 with her. Holy Martyr Themistocles of Myra. Peter the Wonderworker, Metropolitan of Moscow.
<i>Sat</i>	22	♦	Great Martyr Anastasia of Rome, Deliverer from Potions. Martyr Chrysogonos of Rome. Martyr Theodota of Bithynia and her children. Martyr Zoilos. Door opening of the Great Church CP
<i>Sun</i>	23	♦	Ten Holy Martyrs of Crete. Paul the Confessor, Archbishop of Neocaesarea. Nahum of Ochrid, the Wonderworker, enlightener of the Bulgarians.
<i>Mon</i>	24		Righteous Martyr Eugenia and her companions. New Martyr Ahmet in Constantinople †1657.
End of Nativity Fast - Fast Free: Dec 25-Jan 4th			
<i>Tue</i>	25		HOLY NATIVITY OF OUR LORD, GOD AND SAVIOR JESUS CHRIST [rest from labor] Commemoration of the adoration of the Magi and Shepherds that beheld the Lord.
<i>Wed</i>	26		Synaxis of our Most Holy Lady the Theotokos. Euthymios the Confessor, Bishop of Sardis New Hieromartyr Constantine the Russian, who contested in Constantinople †1743
<i>Thu</i>	27		Protomartyr Archdeacon Steven. Theodore the Branded. Theodore, Abp. of Constantinople
<i>Fri</i>	28		20,000 Martyrs burned in Nicomedia. Simon Myrrh-streamer, founder of Simonopetra Mt. Athos.
<i>Sat</i>	29		Holy 14,000 infants slain by Herod. Righteous Fr. Thaddeus the Confessor, the Studite. Righteous Father George, Bishop of Nicomedia, hymnographer.
<i>Sun</i>	30		Holy Virgin Martyr Anysia of Thessaloniki. Righteous Leo the Archimandrite. Righteous Gideon the New who contested in Thessaly †1657. Righteous Theodora of Caesarea.
<i>Mon</i>	31		Apodosis of the Nativity. Mother Melania the Younger of Rome. Martyr Zoticus, Presbyter of Rome, Patron of Orphans. Righteous Gelasius or Egypt.

Fasting key: Plain font Mon xx = no fasting. *Bold Font Mon xx* = fast day: no meat, eggs, dairy products, fish, oil or wine {alcohol}.

Exceptions: ♦ = oil, shellfish, wine permitted. ➔ = fish, oil and wine (alcohol) permitted. ☩ = Dairy, eggs, fish, oil, wine permitted.

Please see Fr. John if you have any questions regarding the fasting discipline of the Holy Orthodox Church