

Let them praise the  
Name of the LORD!  
For His Name alone is exalted!

# JANUARY 2018



**Saints Constantine and Helen Greek Orthodox Church**  
**Fr. John Alexandres**

**Services on Saturday morning**

43404 30<sup>th</sup> St. W, Lancaster, California 93536

Website: [www.stsch.org](http://www.stsch.org) – Church Phone: 661-945-1212

For confirmation on any event, please phone or text Sylva Robinson at 661-794-8307

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> Circumcision of the Lord St. Basil the Great  No Service	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b> Eve of Holy Theophany  Matins <b>6PM</b> Liturgy <b>7PM</b> <b>Blessing of the Waters</b>	<b>6</b> Holy Theophany  No Service
<b>7</b> Synaxis of Holy Prophet John the Baptist John 1:29-34  No service	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b> Matins-Liturgy <b>8:30/9:30 AM</b> <b>Parish Council Installation</b>  <b>Blessing of Vasilopita Luncheon</b>
<b>14</b> Leavetaking of Holy Theophany Matt 4:12-17  No service	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b> Matins Divine Liturgy <b>8:30/9:30 AM</b> <b>Parish Council Philoptochos</b>
<b>21</b> 15 <sup>TH</sup> Sunday of Luke Luke 19:1-10  No service	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b> Matins Divine Liturgy <b>8:30/9:30 AM</b> <b>Stewardship Saturday</b>
<b>28</b> Publican and the Pharisee Luke 18:10-14  <b>Start of Tridion</b> No service	<b>29</b> Fast Free Week  <b>Metropolis Clergy-Laity Assembly</b>	<b>30</b> <b>Metropolis Clergy-Laity Assembly</b>	<b>31</b>			

# CHURCH CALENDAR FOR JANUARY 2018<sup>1</sup>

Fasting rules see footnote for guide

Mon	1	<b>Circumcision of our Lord, God and Savior Jesus Christ. Our Father among the Saints Basil the Great, Archbishop of Caesarea. [rest from labor]</b> St. Peter of Peloponnesos
Tue	2	Forefeast of Holy Theophany. St. Sylvester, Pope of Rome(†335). St. Seraphim of Sarov, the Wonder-worker(†1833). St. Sylvester of the Kievan Caves. New-martyr George of Georgia.
Wed	3	Holy Prophet Malachias. St. Gordios the Martyr(†421). Righteous Thomais of Lesbos.
Thu	4	Synaxis of the 70 Holy Apostles. Holy Theoktistos, Abbot of Cucomo Sicily. New-martyr Onuphrios of Chios(†1808). St. Appolinaria.
<i>Fri</i>	5	<b>Holy Theophany Eve [Strict Fast]</b> Holy Syncletiki(†350). Holy Martyrs Theopemptos & Theonas, Theoidus. New-martyr Romanus of Mt. Athos(†1694). St. Phosterios the hermit.
Sat	6	<b>HOLY THEOPHANY OF OUR LORD, GOD, AND SAVIOR JESUS CHRIST [rest from labor, no fasting]</b>
Sun	7	<b>Synaxis of the Holy Prophet, Forerunner, and Baptist John. [rest from labor]</b>
Mon	8	Our holy Mother Domnica of Constantinople. Our holy Father George the Hozevite.
Tue	9	Holy Martyr Polyeuktos. Righteous Eustratios. St. Peter, Bishop of Sevaste in Armenia. Our Father among the saints Philip, Metropolitan of Moscow(†1652).
<i>Wed</i>	10	Our Father among the Saints Gregory, Bishop of Nyssa(†394). St. Dometian of Melitene.
Thu	11	<b>Our holy Father Theodosius, the Cenobiarch(†529).</b>
Sat	12	Holy Virgin-martyr Tatiana of Rome(†≈230).
<i>Fri</i>	13	Holy Martyrs Hermilos & Stratonikos. Our Father among the saints Hilary, Bishop of Poitiers. Holy 38 martyrs of Sinai & Raithu. St. Nina of Georgia, Equal-to-the-Apostles. St. Savvas, Archbishop of Serbia. St. Maximos of Kapsokalyvia. St. James, Bishop of Nisibis
Sun	14	Apodosis of Holy Theophany. Virgin-martyr Agnes.
Mon	15	Our Holy Fathers Paul of Thebes(†341) and John the hut-dweller.
Tue	16	<b>Veneration of the precious chains of the holy and all-praised Apostle Peter.</b> Martyrs Pevsippos, Elasippos, Mesippos & Neonilla, their grandmother. New-Hieromartyr Damaskinos
<i>Wed</i>	17	<b>Our holy and God-bearing Father Anthony the Great(†356) [rest from labor]</b> New-martyr George of Ioannina(†1838). St. Anthony the Roman of Novgorod. St. Anthony the New
Thu	18	<b>Our Fathers Saints Athanasius(†373) &amp; Cyril, Patriarchs of Alexandria. [rest from labor]</b>
<i>Fri</i>	19	Our holy Fathers Macarios of Egypt and Macarios of Alexandria. Our Father among the saints Arsenios of Corfu. Our Father among the saints Mark Eugenicos, Metropolitan of Ephesus.
Sat	20	<b>Our holy and God-bearing Father Efthymios, professor of the desert [rest from labor]</b> St. Laurence the Recluse. New-martyr Zacharias of Patras. St. Euthymios of Kievan Caves.
Sun	21	Our holy Father Maximos the Confessor. Holy Martyrs Neophytos, and Agnes.
Mon	22	<b>Holy Apostle Timothy of the Seventy(†72).</b> Holy hieromartyr Anastasios the Persian. St Joseph the sanctified. Martyrs Manuel, George, Peter and the 383 others in Bulgaria.
Tue	23	Holy hieromartyr Clement, Bishop of Ankyra. Martyr Agathangelos. St. Dionysios of Olympus.
<i>Wed</i>	24	Our holy Mother Xenia the Roman. St. Xenia the fool for Christ in St. Petersburg. St. Neophytos the Recluse of Cyprus. Paphserios, Theodotion, Paul monk-martyrs
Thu	25	<b>Our Father among the Saints Gregory the Theologian, Archbishop of Constantinople (†388)[rest from labor].</b> New-martyr Auxentios(†1720). St. Pупlios the Ascetic(†380)
<i>Fri</i>	26	Our holy Father Xenophon and family. Translation of holy relics of St. Theodore the Studite.
Sat	27	<b>Translation of relics of our Father among the Saints John Chrysostom[rest from labor]</b> Claudinos the monk. New-martyr Demetrios of Constantinople(†1785).
Sun	28	<b>Publican &amp; Pharisee.</b> Our holy Fathers Ephraim(†373) & Isaac, the Syrians. Martyr Grace. St. Palladios(†431). <b>Triodion Begins (Fast Free Week)</b>
Mon	29	Translation of relics of holy hieromartyr Ignatios the God-bearer. New-martyr Demetrios of Chios(†1802). St. Vevaia. St. Philotheos of the Seven martyrs
Tue	30	<b>Our Fathers among the saints and ecumenical teachers, Basil the Great, Gregory the Theologian, and John Chrysostom[rest from labor].</b> Finding of the Icon of the Theotokos Evangelistria in Tinos (†1823). New-martyr Hatzi-Theodore of Mytilene.
Wed	31	Holy and wonder-working unmercenary healers Cyrus and John. New-martyr Elias(†1686)

**Fasting key:** Plain font Mon xx = no fasting. *Bold Font Mon xx* = fast day: no meat, eggs, dairy products, fish, oil or wine (alcohol).  
**Exceptions:** ♠ = oil, shellfish, wine permitted. ♣ = fish, oil and wine (alcohol) permitted. ☞ = Dairy, eggs, fish, oil, wine permitted.  
 Please see Fr. Dionysios if you have any questions regarding the fasting discipline of the Holy Orthodox Church