

Let them praise the
Name of the LORD!
For His Name alone is exalted!

MARCH 2018



Saints Constantine and Helen Greek Orthodox Church

Rev. Father John Beal

Sunday Services 9:00 AM Matins – 10:00 AM Divine Liturgy

43404 30th St. W, Lancaster, California 93536

Website: www.stsch.org – Church Phone: 661-945-1212

For confirmation on any event, please phone or text Sylva Robinson at 661-794-8307

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 2nd Salutations to the Theotokos 7:00 PM	3
4 2 nd Sunday St. Gregory Palamas Mark 2:1-12	5	6 Psalm Reading Group 10:30 AM at Church	7 Pre- Sanctified Liturgy 6:00 PM	8	9 Holy 40 Martyrs 3rd Salutations 7:00 PM	10
11 3 rd Sunday Veneration of the Precious Cross Mark 8:34-9:1	12	13 Psalm Reading Group 10:30 AM at Church	14 Pre- Sanctified Liturgy 6:00 PM	15	16 4th Salutations to the Theotokos 7:00 PM	17
18 4 th Sunday St. John of the Ladder Mark 9:17-31 Parish Council	19	20 Psalm Reading Group 10:30 AM at Church	21 Pre- Sanctified Liturgy 6:00 PM	22	23 Akathist Hymn to the Theotokos 7:00 PM	24 Feed the Hungry 8:30-10:30 AM
25 Annunciation to the Theotokos Luke 1:24-38 Philoptochos Fish Luncheon	26	27 Psalm Reading Group 10:30 AM at Church	28 Pre- Sanctified Liturgy 6:00 PM	29	30	31 Lazarus Saturday Matins Divine Liturgy 9:00/10:00 AM

CHURCH CALENDAR FOR MARCH 2018¹

<i>Thu</i>	1	Holy Martyr Eudokia the Samaritan (†107), Markellos, Antonina
<i>Fri</i>	2	2nd Salutations to the Theotokos Holy Martyr Hesychius (†303) Hieromartyr Theodotos of Cyprus. Virgin-martyr Euthalia.
<i>Sat</i>	3	◆ Holy Martyrs Eutropios, Cleonicus, Basiliscus. Hieromartyr Theodoretus. St. Piamun of Egypt
<i>Sun</i>	4	◆ 2nd Sunday - St. Gregory Palamas Our holy father Gerasimos of Jordan (†470), Martyrs Paul and Juliana. St. Gregory of Assos
<i>Mon</i>	5	Martyr Konon, St. Mark the Ascetic, New-martyr John Bulgarian †1784
<i>Tue</i>	6	Holy 42 Martyrs of Amorion. Finding of Holy Cross. St. Hesychios the Miracle-Worker
<i>Wed</i>	7	Holy Hieromartyr Bishops of Cherson: Basil, Ephraim, Eugene, Kapiton, Aetherios, Agathodoros, Elpidios and Laurentios. St. Paul the simple (exorcist)
<i>Thu</i>	8	Our holy father Theophylactos the Confessor, Abp. of Nicomedia. Apostle Hermas of 70
<i>Fri</i>	9	◆ Holy Forty Martyrs at Lake Sebasteia (frozen to death) [rest from labor] 3rd Salutations to the Theotokos
<i>Sat</i>	10	◆ Holy Martyr Kodratos and others of Corinth with him St. Anastasia the Patrician. New-martyr Michael of Thessalonike (†1544)
<i>Sun</i>	11	◆ 3rd Sunday – Veneration of the Precious Cross. Saint Sophronios Abp of Jerusalem Queen Theodora. St. George Abbot of Sinai
<i>Mon</i>	12	Our holy father Theophanes the Confessor of Mt. Sigran Gregory the Great, Pope of Rome. St. Symeon the New Theologian (†1022)
<i>Tue</i>	13	Translation of relics of father among the Saints Nikiphoros Patriarch of Constantinople Martyrs Alexander of Macedonia, Christina of Persia. Hieromartyr Puplios of Athens (†175)
<i>Wed</i>	14	Our holy father Benedict of Nursia. St. Eushcemon the Confessor, Bishop of Lampsacos
<i>Thu</i>	15	Holy Apostle Aristobulus of the 70 (Bishop of Cornwall, Britain) Holy Martyr Agapios and the seven with him. Nicander of Egypt
<i>Fri</i>	16	4th Salutations to the Theotokos Holy Martyrs Sabinos, Julianos and Romanos Our holy father Christodoulos of Patmos
<i>Sat</i>	17	◆ Our holy Father Alexios Man of God (†440). Theosterikios the Confessor Our Father among the Saints Patrick, Enlightener of Ireland
<i>Sun</i>	18	◆ 4th Sunday – St. John, Author of the Ladder of Divine Ascent Our Father among the Saints Cyril, Archbishop of Jerusalem
<i>Mon</i>	19	Martyrs Chrysanthos, his wife Daria, and Jason. New-martyr Demetrios Tornaras (†1564) Martyr Pancharios (†303)
<i>Tue</i>	20	Holy Fathers of St. Savvas Monastery, martyred by the Muslims St. Martin, Bishop of Braga (580). New-martyr Myron of Crete †1795
<i>Wed</i>	21	Hieromartyr James, the Confessor. St. Thomas, Patriarch of CP. Martyr Philemon
<i>Thu</i>	22	Great Canon of St Andrew of Crete. Hieromartyr Basil, Presbyter of Ancyra
<i>Fri</i>	23	Akathist Hymn to the Theotokos. Righteous Martyr Nicon and his 199 disciples Righteous New-martyr Luke (†1802)
<i>Sat</i>	24	◆ Forefeast of the Annunciation. New Hieromartyr Parthenios (†1657)
<i>Sun</i>	25	◆ Annunciation of our Most Holy Lady Theotokos and Ever-Virgin Mary [rest from labor]
<i>Mon</i>	26	◆ Synaxis (gathering in honor) of the Archangel Gabriel
<i>Tue</i>	27	Holy Martyr Matrona of Thessalonica (†307). Great Martyrs Philetos and Lydia
<i>Wed</i>	28	Apostle St. Herodion of the Seventy. Hilarion the New, Abbot and Confessor
<i>Thu</i>	29	Hieromartyr Mark, Bishop of Arethusa(†389); Cyril his deacon, and the others martyred with them. Righteous Martyrs Ionas and Barachisios (†330)
<i>Fri</i>	30	St. John of Sinai, author of the “Ladder”. Martyr Eubola, mother of St. Panteleimon New Heiromartyr Zacharias, Bishop of Corinth
<i>Sat</i>	31	◆ Saturday of Lazarus. St. Hypatios, Bishop of Gangra the Wonder- worker St. Akakios the Confessor, Bishop of Melitene, Armenia

¹**Fasting key:** Plain font Mon xx = no fasting. *Bold Font Mon xx*= fast day: no meat, eggs, dairy products, fish, oil or wine {alcohol}.
Exceptions: ◆ = oil, shellfish, wine permitted. ← = fish, oil and wine (alcohol) permitted. ☩ = Dairy, eggs, fish, oil, wine permitted.
Please see Fr. John if you have any questions regarding the fasting discipline of the Holy Orthodox Church