

Let them praise the
Name of the LORD!
For His Name alone is exalted!

NOVEMBER 2018



Saints Constantine and Helen Greek Orthodox Church
Rev. Father John Beal
Sunday Services 9:00 AM Matins – 10:00 AM Divine Liturgy
 43404 30th St. W, Lancaster, California 93536
 Website: www.stsch.org – Church Phone: 661-945-1212
 For confirmation on any event, please phone or text Sylva Robinson at 661-794-8307

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4 5TH Sunday of Luke Luke 16:19-31 Daylight Saving Ends	5	6 Vespers 5:30PM Class 6:30PM	7	8	9	10
11 8TH Sunday of Luke Luke 10:25-37 Parish Assembly-Luncheon	12	13 Vespers 5:30PM Class 6:30PM	14	15 Start of the Nativity Fast	16	17
18 9TH Sunday of Luke Luke 12:16-21 Parish Council	19	20 Entry of the Theotokos into the Temple Great Vespers 7PM	21	22 Thanksgiving Day	23	24
25 13TH Sunday of Luke Luke 18:18-27 Great Martyr Ekaterina	26	27 Vespers 5:30PM Class 6:30PM	28	29	30	

CHURCH CALENDAR FOR NOVEMBER 2018¹

See footnote for fasting guide below.

Thu	1	Holy Martyrs and Wonder-workers Cosmas and Damian, the unmercenary healers of Asia Minor, and their mother St. Theodota. St. David of Euboea
<i>Fri</i>	2	Great-Martyrs Akindynos, Pegasios, Aphthonios, Elpidophoros, and Anempodistos of Persia
Sat	3	Martyrs Askepsimas Bishop, Joseph Priest, and Aethalas Deacon of Persia. St. George the new-martyr of Neapolis (†1797). St. Lydia
Sun	4	Holy Ascetic Father Ioannikios the Great of Olympus(†842). Hieromartyrs Nikandros, Bishop of Myra and Hermeus the Presbyter. St. Porphyrios the mimic (†361)
Mon	5	Great-Martyrs Galaktion and his bride Episteme. Apostles Hermas, Patrobas, Linos 2 nd Bishop of Rome, Gaius, Philologos of the 70. St. Jonas, Archbishop of Novgorod
Tue	6	St. Paul I the Confessor, Patriarch of Constantinople (†361). Righteous Luke
<i>Wed</i>	7	The 33 martyrs of Melitene. Lazarus the wonder-worker, the Stylite of Mt. Galesius (†1054)
Thu	8	Synaxis of the Chief Commanders Michael, Gabriel, and Raphael, and of all the Bodiless Powers [rest from labor]. Holocuast of Crete (1866). St. Simeon the translator
<i>Fri</i>	9	St. Nectarios, Metropolitan of Pentapolis: Wonder-worker and ascetic Father of Aegina (†1920). Martyrs Onesiphorous & Porphyrios. Holy Ascetic Mothers Matriona & Theoktiste.
Sat	10	Apostles Erastus, Olympas, Rodion, Sosipatros, Quartus, Tertius of the 70. Martyr Orestes
Sun	11	Great-martyr Menas (Egypt), Martyrs Victor (Italy), Vincent the Deacon (Spain) and Stephanie. Our Holy Father Theodore the Studite (†826)
Mon	12	Our Father among the Saints John the Merciful, Patriarch of Alexandria. St. Martin of Tours, France. St. Nilus of Sinai the myrrh-streaming. New-martyr Savvas (†1726)
Tue	13	Our Father among the Sts John Chrysostom, Abp. Constantinople(†407) [rest from labor] New-martyr Damaskinos of Cp (†1681). Blessed Irene Myrtidiotissa (†1960)
<i>Wed</i>	14	➔ Holy Apostle Philip of the 12 [rest from labor]. St. Gregory Palamas, Wonder-worker Archbishop of Thessalonike. New-martyrs Constantine of Hydra; Panteleimon of Spetsae

START OF NATIVITY FAST

<i>Thu</i>	15	➔ Martyrs of Edessa: Gourias, Shamuna, Habib the Deacon. Thomas, Patriarch of CP. St. Paisius (Velichkovsky †1843). St. Felix of Nola. Emperor Justinian and Theodora
<i>Fri</i>	16	♣ Holy Apostle and Evangelist Matthew
Sat	17	➔ Our Father among the Saints Gregory the Wonder-worker, Bishop of Neocaesaria. St. Gennadios, Patriarch of Constantinople. St. Nikon the disciple of St. Sergius of Radonezh
<i>Sun</i>	18	➔ Great-martyr Platon and Martyr Romanus. St. Anastasius the New-martyr (†1750)
<i>Mon</i>	19	➔ Holy Prophet Abdias (Obadiah). Holy Martyr Barlaam
<i>Tue</i>	20	➔ Pre-festival of the Entry of the Theotokos into the Temple. Our father among the Saints, St. Gregory of Dekapolis; Proklos, Archbishop of Constantinople. St. Dasios martyr (†299)
<i>Wed</i>	21	➔ Entry of our Most-Holy Lady Theotokos and Ever-Virgin Mary into the Temple [rest]
<i>Thu</i>	22	➔ Holy Apostles Philemon, Apfia, Archippus, and Onesimus of the 70 Holy Martyr Mother Cecelia, and Valerian, Tiburtios. St. Michael, Great prince of Tver
<i>Fri</i>	23	Our Fathers among the Saints St. Amphilochios, Bishop of Iconium, friend of St. Basil the Great; and Gregory, Bishop of Agrigentum, Sicily. St. Alexander Nevsky
Sat	24	➔ Our Fathers among the Saints and Hieromartyrs Clement, 3 rd Bishop of Rome and Peter, Bishop of Alexandria (†311). St. Mercurius of the Kievan Caves
<i>Sun</i>	25	➔ Holy and all-wise Great Martyr Ekaterina (†311) [rest from labor] Apodosis of the Entry of the Theotokos. Great-martyr Merkurios
<i>Mon</i>	26	➔ St. Stylianos, the hermit of Paphlagonia. St. Alypius the Stylite (†608).
<i>Tue</i>	27	➔ Holy Iakovos, Great-martyr of Persia. Righteous Nathaniel. "Kursk" Icon of the Theotokos
<i>Wed</i>	28	Holy ascetic martyr Steven the New, confessor (†766). St. Irenarchus the martyr
<i>Thu</i>	29	➔ Paramonos of Balsatia and the 370 martyrs with him (†255). Dionysios, Bishop of Corinth. Martyrs Philoumenos, Valerinus, and Phaidrus
<i>Fri</i>	30	♣ Holy, glorious, and all-lauded Apostle Andrew, the First-Called. [rest from labor] St. Alexander, Bishop of Methymna. Frumentios of Ethiopia

Fasting key: Plain font Mon xx = no fasting. *Bold Font Mon xx*= fast day: no meat, eggs, dairy products, fish, oil or wine {alcohol}.

Exceptions: ♣ = oil, shellfish, wine permitted. ➔ = fish, oil and wine (alcohol) permitted. ☪ = Dairy, eggs, fish, oil, wine permitted.

Please see Fr. John if you have any questions regarding the fasting discipline of the Holy Orthodox Church