

Let them praise the  
Name of the LORD!  
For His Name alone is exalted!

# OCTOBER 2018



**Saints Constantine and Helen Greek Orthodox Church**  
**Rev. Father John Beal**  
**Sunday Services 9:00 AM Matins – 10:00 AM Divine Liturgy**  
 43404 30<sup>th</sup> St. W, Lancaster, California 93536  
 Website: [www.stsch.org](http://www.stsch.org) – Church Phone: 661-945-1212  
 For confirmation on any event, please phone or text Sylva Robinson at 661-794-8307

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Class 5:30PM Vespers 6:30PM	3	4	5	6
7 3 <sup>RD</sup> Sunday of Luke Luke 7:11-16  Church School Classes Start  Festival Celebration Luncheon	8	9 Class 5:30PM Vespers 6:30PM	10	11	12	13
14  Holy Fathers 7 <sup>TH</sup> Synod  Luke 8:5-15	15	16 Class 5:30PM Vespers 6:30PM	17	18	19	20
21  6 <sup>TH</sup> Sunday of Luke Luke 8:26-39  Parish Council	22	23 Class 5:30PM Vespers 6:30PM	24	25	26	27
28  7 <sup>TH</sup> Sunday of Luke Luke 8:41-56 Holy Protection of the Theotokos  Philoptochos Potluck	29	30 Class 5:30PM Vespers 6:30PM	31			

## CHURCH CALENDAR FOR OCTOBER 2018<sup>1</sup>

**Fast Wednesdays and Fridays this month. See fasting guideline below.**

Mon	1	<b>Holy Protection of the Most-Holy Theotokos (Greece celebrates on Oct 28<sup>th</sup>)</b> St. Romanos the Melodist. Apostle Ananias of the 70. St. John Cucuzelis
Tue	2	Hieromartyr Cyprian, the former Sorcerer, and Virgin martyr Justina. St. Damaris of Athens. St. Theodore Gabra, the soldier.
<i>Wed</i>	3	Hieromartyr Dionysios the Areopagite, 1 <sup>st</sup> Bishop of Athens.
Thu	4	Hieromartyr Hierotheos, Bishop of Athens. St. Ammon of Egypt, disciple of St. Paul. Martyr Domnina
<i>Fri</i>	5	Martyr Charitina. Righteous Methodia of Cimolos. Hierarchs of Moscow: Peter, Alexis, Jonas, Philip and Hermogenes
Sat	6	<b>Holy and Glorious Apostle Thomas.</b> New-martyr Makarios of Chios (†1590)
Sun	7	Great-martyrs Sergios and Bacchus. St. John of Crete and the 98 Righteous Fathers w/him
Mon	8	New-martyr Ignatios of the Holy Mountain. Virgin-martyr Pelagia, the former Courtesan. St. Taisia, the former Harlot.
Tue	9	Apostle Iakovos (James), the son of Alpheus. St. Andronikos the jeweler, and his wife Athanasia. Righteous Abraham the Just and his nephew Lot.
<i>Wed</i>	10	Martyrs Eulampios and his sister Eulampia. Righteous Theophilos
Thu	11	Holy Apostle Philip of the 70, one of the 7 Deacons. St Theophanes the confessor, Bishop of Nicea, hymnographer and composer of Canons. St. Zenais (Zenaida),
<i>Fri</i>	12	St. Symeon the New Theologian. Martyrs Provos, Tarachos, & Andronikos (crucifixion). St. Theosebios of Arsinoe
Sat	13	Martyrs Karpos, Papylos, Agathodoros, and Agathonika. Holy Monastery Iviron Icon of the Theotokos (Portaitissa).
Sun	14	Great-martyrs Nazarios, Celcus, Gervasios, and Protasios of Milan. St. Cosmas the Hymnographer. St. Parascevi (Petka) of Serbia. St. Ignatios of Methymna
Mon	15	Martyr Lucian, Presbyter in Antioch. St. Euthymios of Ankara. St. Savinos, Bishop of Cyprus
Tue	16	Martyrs Longinos the Centurion, and Longine of the Kievan Caves. Righteous Malos
<i>Wed</i>	17	Hieromartyr St. Andrew. Prophet Hosea. Synaxis of the Holy Unmercenary Saints.
Thu	18	<b>Holy Apostle and Evangelist Luke.</b> Sts. Theodore, Symeon & Euphrosyne.
<i>Fri</i>	19	Prophet Joel. Wonder-worker John Ryla. St. John of Kronstadt. Martyr Varus. St. Cleopatra the Righteous
Sat	20	Great-martyr Artemios. St. Matriona of Chios. St. Gerasimos, the New Ascetic of Cephalonia
Sun	21	St. Hilarion the Great. Great-martyr Theodota & Sokrates. St. Christodoulos of Patmos. St. Philotheos of Mt. Athos. St. Hilarion of the Kievan Caves.
Mon	22	St. Averkios, Bishop of Hierapolis, Equal-to-the-Apostles. Holy 7 Youths of Euphesus
Tue	23	<b>Holy Apostle Iakovos</b> (James, the greater), brother of the Lord, 1 <sup>st</sup> Bishop of Jerusalem. St. Macarios the Roman.
<i>Wed</i>	24	Great-martyr Al-Harith (Arethas) and his 4299 fellow Martyrs. Martyr Sebastiane. Icon of the Theotokos "Joy of All Who Sorrow"
Thu	25	Martyrs Markianos the reader, and Martyrios the sub-deacon, the notaries to St. Paul the Confessor, Patriarch of Constantinople. St. Tabitha the Almsgiver
<i>Fri</i>	26	◆ <b>Holy Great-martyr Demetrios, the Myrrh-streaming of Thessalonika. [rest from labor]</b> New-martyr Ioasaph (†1536).
Sat	27	Martyr Nestor. St. Prokla, wife of Pontius Pilate. St. Andrew, Prince of Smolensk
Sun	28	Martyrs Terence, Neonilla and 7 children. St. Arsenios of Serbia. St. Dimitri of Rostov.
Mon	29	Righteous-martyr Anastasia of Rome. St. Maria.
Tue	30	Hieromartyr Zenobios, Bishop of Aegea, and his sister Martyr Zenobia.
<i>Wed</i>	31	Apostles Stachys, Apelles, Amplias, Urban, Narcissas, and Aristobulos of the 70. St. Nicolas the New-martyr in Chios.

**Fasting key:** Plain font Mon xx = no fasting. *Bold Font Mon xx* = fast day: no meat, eggs, dairy products, fish, oil or wine (alcohol).

**Exceptions:** ◆ = oil, shellfish, wine permitted. ◀ = fish, oil and wine (alcohol) permitted. ☪ = Dairy, eggs, fish, oil, wine permitted.

Please see Fr. John if you have any questions regarding the fasting discipline of the Holy Orthodox Church