

Let them praise the
Name of the LORD!
For His Name alone is exalted!

SEPTEMBER 2018



Saints Constantine and Helen Greek Orthodox Church
Rev. Father John Beal
Sunday Services 9:00 AM Matins – 10:00 AM Divine Liturgy
 43404 30th St. W, Lancaster, California 93536
 Website: www.stsch.org – Church Phone: 661-945-1212
 For confirmation on any event, please phone or text Sylva Robinson at 661-794-8307

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Indiction Church New Year No service
2 14 th Sunday of Matthew Matt 22:2-14	3	4 Class 5:30PM Vespers 6:30PM	5	6	7 Nativity of the Theotokos Great Vespers 7PM	8 Nativity of the Theotokos Matins/Liturgy 8AM/9AM
9 Sunday before Precious Cross John 3:13-17	10	11	12	13 Elevation of the Cross Class 6PM Vespers 7PM	14 Elevation of the Precious Cross Matins Divine Liturgy 8AM/9AM	15
16 Sunday after Precious Cross Mark 8:34-38; 9:1 Parish Council	17	18 Class 5:30PM Vespers 6:30PM	19	20	21 AV GREEK FESTIVAL 5-9 PM	22 AV GREEK FESTIVAL 11AM-9PM
23 1 st Sunday of Luke Luke 5:1-11 AV GREEK FESTIVAL 12-5 PM	24	25 Class 5:30PM Vespers 6:30PM	26	27	28	29
30 2 nd Sunday of Luke John 20:1-10						

CHURCH CALENDAR FOR SEPTEMBER 2018¹

Fast Wednesdays and Fridays this month. Fast day on the 14th See fasting guideline below.

Sat	1	Beginning of the Indiction (Ecclesiastical New Year) rest from labor. St. Symeon the Stylite (†459) and St. Martha, his mother. Righteous Jesus of Nun (Joshua).
Sun	2	Martyr Mammias. St. John the Faster(†595), Patriarch of Constantinople.
Mon	3	Hieromartyr Anthimos(†307), Bishop of Nicomedia. St. Phoebe, Deaconess of Cenchrea. New Martyr Polydoros. Righteous Father Theoctistos, fellow ascetic of St. Euthimios.
Tue	4	Holy Prophet Moses, the Lawgiver and Seer of God, and Aaron. Hieromartyr Babylas (†289), Bishop of Antioch. Icon of our Lady of the Burning Bush. Martyr St. Hermione (†105)
Wed	5	Holy Prophet Zacharias, father of St. John the Forerunner and Baptist. St. Athanasios, Abbot of Brest, martyred by the Latins. Martyr Medimnos.
Thu	6	Miracle of Archangel Michael at Colossae. Martyrs Romylos, Eudoxios, Zenon & Makarios
Fri	7	Forefeast of the Birth of the Most Holy Theotokos. St. Kassiane the Hymnographer. Martyr Sozon (†295) the Shepard. Igumen Luke. St. John, Archbishop of Novgorod.
Sat	8	THE NATIVITY OF THE MOST HOLY THEOTOKOS [rest from labor] St. Sophronios of Aghtalia.
Sun	9	Synaxis of Holy and Righteous Ancestors of God: Joachim and Anna Martyr Severian. St. Joseph the Wonder-worker of Volotsk.
Mon	10	Great-martyrs Mendora, Metrodora, and Nymphodora. Empress Pulcheria of CP (†453).
Tue	11	St. Theodora (tonsured as monk Theodore) of Alexandria. St. Euphrosynos the Cook
Wed	12	Apodosis of the Birth of Theotokos. Hieromartyrs Autonomos Kournotos, Bishops of Iconium
Thu	13	Consecration of Church of the Holy Resurrection in Jerusalem. St. Hirotheos of Iveron Forefeast of Elevation of the Holy Cross. Hieromartyr Cornelius the Centurion(†82).
Fri	14	UNIVERSAL EXALTATION OF THE PRECIOUS AND LIFE-GIVING CROSS Fast day [rest from labor]. Repose of St. John Chrysostom. New-martyr Macarios (†1527)
Sat	15	Great-martyr Niketas the Goth(†372). St. Philotheos the Presbyter. Sts. Bessarion I & II Metropolitans of Larissa. St. Gerasimos of Leontanion
Sun	16	Great-martyr Euphemia(†305). Martyr Melitina. St. Ninian the Enlightener of Scotland
Mon	17	Martyr Sophia and 3 daughters Pistis (Faith), Elpida (Hope) & Agape (Love). St. Euxiphios of Cyprus
Tue	18	St. Eumenios the Wonder-worker, Bishop of Gortynia, Crete. St. Ariadne the Martyr
Wed	19	Great-martyrs Trophimos, Sabbatios & Dorymedon(†289). St. Theodore, Prince of Smolensk and his 2 sons David and Constantine.
Thu	20	Great-martyrs Eustathios, Theopiste, Agapios & Theopistos(†126). St. John of Crete. Martyrs Michael & Theodore. New-martyr Hilarion (†1527)
Fri	21	Apodosis of Elevation of the Holy Cross. Bishop-martyr Kondratos of Athens. Prophet Jonah
Sat	22	Hieromartyr Phokas, Bishop of Sinope. Phokas the Gardener
Sun	23	Conception of Holy Prophet, Forerunner, and Baptist John. Sts. Xanthippe & Polyxene.
Mon	24	St. Thekla, First Woman Martyr and Equal-to-the-Apostles. Righteous Corpios. Synaxis of Myrtle Tree Icon of the Theotokos. St. Nicander of Pskov.
Tue	25	Righteous Mother Euphrosyne of Alexandria. Paphnoutios of Egypt. St. Sergius the Wonder-worker, Abbot of Radonezh(†1392). St. Euphrosyne of Suzdal.
Wed	26	♦ Translation of the holy, glorious and all-praised Apostle and Evangelist, John the Theologian [rest from labor]. Martyrs Thekla, Martha, Mary, Ennatha, Marianne (†355)
Thu	27	Martyr Kallistratos & 49 martyrs with him. Apostles Mark, Aristarchos of the 70. New-martyr Akylina (†1764). St. Sabbatios of Solovetsk. Synaxis of Optina Fathers.
Fri	28	Holy Prophet Baruch. Righteous father Chariton the Confessor. St. Herodion of Lake Ilo. St. Auxentios of Cyprus.
Sat	29	St. Kyriakos the Anchorite(recluse †557). Martyr Petronia.
Sun	30	Hieromartyr Gregory the Illuminator(†332), Bishop and Evangelist of Armenia.

Fasting key: Plain font Mon xx = no fasting. *Bold Font Mon xx*= fast day: no meat, eggs, dairy products, fish, oil or wine (alcohol).

Exceptions: ♦ = oil, shellfish, wine permitted. ← = fish, oil and wine (alcohol) permitted. ☪ = Dairy, eggs, fish, oil, wine permitted.

Please see Fr. John if you have any questions regarding the fasting discipline of the Holy Orthodox Church