

Be exalted above the heavens, O God, and Your glory be over all the earth

# DECEMBER 2024



**Saints Constantine and Helen Greek Orthodox Church**  
**Very Rev. Father John Beal**  
**Sunday Services 8:50 AM Matins – 10:00 AM Divine Liturgy**  
 43404 30<sup>th</sup> St. W, Lancaster, California 93536  
[orthodoxlancaster.org](http://orthodoxlancaster.org) – Church Phone: 661-945-1212  
 For confirmation on any event, please phone or text Sylva Robinson at 661-899-8833

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> <b>14<sup>TH</sup> Sunday of Luke</b> Luke 18:35-43 <b>Parish Elections</b>	<b>2</b>	<b>3</b>	<b>4</b> <b>Faith Studies on Zoom</b> Beginner 7PM Advanced 8PM	<b>5</b>	<b>6</b>	<b>7</b>
<b>8</b> <b>10<sup>TH</sup> Sunday of Luke</b> Luke 13:10-17 <b>Philoptochos</b>	<b>9</b>	<b>10</b>	<b>11</b> <b>Faith Studies on Zoom</b> Beginner 7PM Advanced 8PM	<b>12</b>	<b>13</b>	<b>14</b>
<b>15</b> <b>11<sup>TH</sup> Sunday of Luke</b> Luke 14:16-24 <b>Parish Council</b>	<b>16</b>	<b>17</b>	<b>18</b> <b>Faith Studies on Zoom</b> Beginner 7PM Advanced 8PM	<b>19</b>	<b>20</b>	<b>21</b>
<b>22</b> <b>Sunday Before Holy Nativity</b> Matt 1:1-25	<b>23</b>	<b>24</b> <b>Eve of Nativity Vesperal Liturgy 5 PM</b>	<b>25</b> <b>HOLY NATIVITY OF OUR LORD JESUS CHRIST</b> <b>Matins 9AM Liturgy 10AM</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>29</b> <b>Sunday after Holy Nativity</b> Matt 2:13-23	<b>30</b>	<b>31</b>				

# CHURCH CALENDAR FOR DECEMBER 2024<sup>1</sup>

- Sun* 1 ➤ Holy Prophet Nahum. St. Philaret the Almsgiver of Amnia. Holy Martyr Ananias the Persian
- Mon* 2 ➤ Holy Prophet (Abbacum) Habakkuk. Our Righteous Father Cyril of Phileus. Martyr Myrope of Chios. Porphyrios of Kavsoalyvia. Theophilos, John, Heraclemon and Andrew the Hermits
- Tue* 3 ➤ Holy Prophet Sophonias (Zephaniah). Hieromartyr Theodore of Alexandria. John the Hesychast
- Wed* 4 ♠ **Holy Great Martyr Barbara and Juliana. Our Righteous Father John of Damascus.**  
New Hieromartyr Seraphim, Bishop of Phanar †1601. John the Wonderworker, Bishop of Phrygia
- Thu* 5 ➤ **Our God-bearing Father Savvas the Sanctified [rest from labor]** Holy Martyr Anastasius. Holy Martyr Diogenes. Righteous Philotheos of Karyes, Mount Athos. Holy Martyr Averkios.
- Fri* 6 ♠ **Our Father Nicholas the Wonderworker, Archbishop of Myra in Lycia [rest from labor].**
- Sat* 7 ➤ St Ambrose, Bishop of Milan. Martyr Athenodoros of Mesopotamia. Holy Martyrs Neophytos, Dometius. Martyrs Isidore, Aceptsimas, Leo. Our Righteous Father Gerasimus, Ascetic of Euboia
- Sun* 8 ➤ Forefeast of the Conception by St. Anna of the Theotokos. Righteous Patapius of Thebes. Apollo, Tychikos, Sosthenes, Cephas, Epaphroditos, Caesar, & Onesiphoros of the 70 Apostles
- Mon* 9 ➤ **St. Anna's conception of the Holy Theotokos [rest from labor].** Hannah the Righteous, mother of Prophet Samuel. Martyrs Narses, Sositheus, Isaac of Persia.
- Tue* 10 ➤ Holy Martyrs Menas the Eloquent, Hermogenes, and Eugraphus. Righteous Thomas of Bithynia
- Wed* 11 Our Father Daniel the Stylite of Constantinople. Our Father Luke the New Stylite of Chalcedon
- Thu* 12 ➤ **Our Righteous Father Spyridon the Wonderworker of Trymithous [rest from labor].**  
Martyr Synetus of Rome. Holy New Martyr Peter the Aleut (†1815), Hieromartyr Juvenal of Alaska
- Fri* 13 Herman the Wonderworker of Alaska. Martyrs Eustratius, Auxentius, Eugene, Mardarius, and Orestes of Greater Armenia. Virgin-martyr Lucia of Sicily. Hieromartyr Gabriel, Abp. of Serbia
- Sat* 14 ♠ Holy Martyrs Thyrsus, Leucius, and Callinicus of Asia Minor.  
Holy Martyrs Philemon, Apollonius, and Arian of Alexandria.
- Sun* 15 ♠ **Hieromartyr Eleutherios** Bishop of Illyricum, and his mother Anthia. Susannah the Deaconess
- Mon* 16 Holy Prophet Aggaeus (Haggai). St. Modestos, Abp. of Jerusalem. Righteous Mother Empress Theophano. Nicholas, Patriarch of Constantinople, Memnon Archbishop of Ephesus
- Tue* 17 ♠ **Prophet Daniel & the 3 Holy Youths Ananias, Azarias, Misael. St. Dionysios of Zakynthos**
- Wed* 18 Martyr Sebastian of Rome & 9 with him. St. Michael the Confessor. St. Sofia the Wonderworker
- Thu* 19 Holy Martyrs Boniface & Aglaïs or Rome. Martyrs Elias, Probus, Ares, Timothy, Polyeuctus. Holy Martyr Eutychios of Thessaloniki and the 270 men and women with him.
- Fri* 20 ♠ **Forefeast of the Nativity. Hieromartyr Ignatius the God-bearer, of Antioch**  
Our Righteous Father John the Wonderworker of Kronstadt. Newmartyr John the Tailor of Thasos
- Sat* 21 ♠ Holy Virgin Martyr Julianna of Nicomedia & 630 with her. Holy Martyr Themistocles of Myra. Peter the Wonderworker, Metropolitan of Moscow.
- Sun* 22 ♠ Great Martyr Anastasia of Rome, Deliverer from Potions. Martyr Chrysogonos of Rome. Martyr Theodota of Bithynia and children. Martyr Zoilos. Door opening of the Great Church CP
- Mon* 23 Ten Holy Martyrs of Crete. Paul the Confessor, Archbishop of Neocaesarea. Nahum of Ochrid, the Wonderworker, enlightener of the Bulgarians.
- Tue* 24 Righteous Martyr Eugenia and her companions. New Martyr Ahmet in Constantinople †1657.
- End of Nativity Fast - Fast Free: Dec 25<sup>th</sup> - Jan 4<sup>th</sup>**
- Wed* 25 **HOLY NATIVITY OF OUR LORD, GOD AND SAVIOR JESUS CHRIST [rest from labor]**  
Commemoration of the adoration of the Magi and Shepherds that beheld the Lord.
- Thu* 26 Synaxis of our Most Holy Lady the Theotokos. Euthymios the Confessor, Bishop of Sardis  
New Hieromartyr Constantine the Russian, who contested in Constantinople †1743
- Fri* 27 Protomartyr Archdeacon Steven. Theodore the Branded. Theodore, Abp. of Constantinople
- Sat* 28 20,000 Martyrs burned in Nicomedia. Simon Myrrh-streamer, founder of Simonopetra Mt. Athos.
- Sun* 29 Holy 14,000 infants slain by Herod. Righteous Fr. Thaddeus the Confessor, the Studite. Righteous Father George, Bishop of Nicomedia, hymnographer.
- Mon* 30 Holy Virgin Martyr Anysia of Thessaloniki. Righteous Leo the Archimandrite. Righteous Gideon the New who contested in Thessaly †1657. Righteous Theodora of Caesarea.
- Tue* 31 **Apodosis of the Nativity.** Mother Melania the Younger of Rome. Martyr Zoticus, Presbyter of Rome, Patron of Orphans. Righteous Gelasius or Egypt.

<sup>1</sup>**Fasting key:** Plain font Mon xx = no fasting. *Bold Font Mon xx*= fast day: no meat, eggs, dairy products, fish, oil or wine {alcohol}.  
**Exceptions:** ♠ = oil, shellfish, wine permitted. ➤ = fish, oil and wine (alcohol) permitted. 🧀 = Dairy, eggs, fish, oil, wine permitted.  
 Please see Fr. John if you have any questions regarding the fasting discipline of the Holy Orthodox Church