

Be exalted above the heavens, O God, and Your glory be over all the earth

FEBRUARY 2025



Saints Constantine and Helen Greek Orthodox Church
Very Rev. Father John Beal
Sunday Services 8:45 AM Matins – 10:00 AM Divine Liturgy
 43404 30th St. W, Lancaster, California 93536
orthodoxlancaster.org – Church Phone: 661-945-1212
 For confirmation on any event, please phone or text Sylva Robinson at 661-899-8833

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Presentation of our Lord in the Temple Luke 2:22-40	3	4	5 Faith Studies on Zoom Beginner 7PM Advanced 8PM	6	7	8
9 Start of Triodion 16 th Sunday of Luke 'Publican and Pharisee' Luke 18:10-14	10 Fast Free Week	11	12 Faith Studies on Zoom Beginner 7PM Advanced 8PM	13	14	15
16 17 th Sunday of Luke Prodigal Son Luke 15:11-32 Parish Council	17	18	19 Faith Studies on Zoom Beginner 7PM Advanced 8PM	20	21	22 Saturday of Souls 9AM Matins/Liturgy Memorials Feed the Hungry 0830-1030
23 Sunday of the Final Judgment Matt 25:31-46 Meatfare Luncheon	24 Cheesefare Week	25	26 Faith Studies on Zoom Beginner 7PM Advanced 8PM	27	28	

CHURCH CALENDAR FOR FEBRUARY 2025¹

Fasting rules see footnote for guide

Sat	1	St. Tryphon (†251), Martyr and Healer. Forefeast of the Meeting of our Lord Jesus Christ New-martyr Anastasios of Nafplion. St. Bridget of Ireland. Perpetua & those with her
Sun	2	MEETING OUR LORD AND SAVIOR JESUS CHRIST IN THE TEMPLE [rest from labor]
Mon	3	Synaxis of St. Simeon the God-Receiver & Prophetess Anna New Martyrs Stamatios & John the Brothers, Nicolas of Spetsai (†1822). Martyrs Paul and Simon
Tue	4	St. Isidore of Mt. Pelusium (†470). St. Nicholas the Confessor, Abbot of Studion Monastery New-martyr Joseph of Aleppo. St. Cyril of New Lake, the Wonder-worker
<i>Wed</i>	5	Martyr Agatha of Sicily; St. Polyeuktos, Patriarch of Constantinople St. Theodosios of Skopelos New-martyr Anthony of Athens (†1774)
Thu	6	St. Bukolas, Bishop of Smyrna (disciple of St. John the Apostle) St. Photios the Great (†891 Patriarch of CP). Sts. Barsanuphrius & John of Gaza
<i>Fri</i>	7	Righteous Parthenios, Bishop of Lampsakos; St. Luke of Mt. Stirion (healer †846) New-martyr George of Crete. Martyr Theopemptos and his companions
Sat	8	Great-martyr Theodore the Commander. Prophet Zacharias. St. Savvas of Serbia
Triodion Begins (Fast Free Week 9-15 Feb)		
Sun	9	Publican and Pharisee. Martyr Nikephoros (†259). Apodosis of the Meeting of our Lord in the Temple Bishop Markellos. Hieromartyrs Philagrius, Bishop of Cyprus, Markellos & Pankratios
Mon	10	Hieromartyr Haralambos the Wonder Worker (†192) [rest from labor] St. Anastasios, Archbishop of Jerusalem. Righteous Martyrs Porphyrios & Bapto
Tue	11	Hieromartyr Vlassios of Sebasteia. St. Theodora, Empress of Constantinople
Wed	12	St. Meletios, Patriarch of Antioch (†382); St. Anthony, Patriarch of Constantinople New Martyr Christos the Gardener (†1752). Martyr Meletios of Ypseni
Thu	13	Righteous Martinian of Palestine (†392); Evlogios, Patriarch of Alexandria Apostle Martyrs Aquila and Priscilla (disciples of St. Paul)
Fri	14	Righteous Auxentios of the mountain; St. Abrahamios (missionary †422) Righteous Maron of Syria. St. Cyril, Apostle to the Slavs. New martyr Nicholas of Corinth
Sat	15	Apostle Onesimus of the 70, (a disciple of St. Paul). Martyr Majorus. Rt. Anthimos of Chios
Sun	16	Prodigal Son. St. Flavianos the hermit, Patriarch of Constantinople; Martyr Pamphilos the Priest & his 11 companions St. Nicolas Planas, Presbyter of Athens
Mon	17	Great-martyr Theodore of Tyre †306. Mariamne Equal-to-the Apostles Bishop Auxebios of Cyprus. New-martyr Theodore †1795
Tue	18	St. Leo, Pope of Rome (†461). Bishop Agapetos of Rome, the Confessor
<i>Wed</i>	19	Apostles Archipus, Philemon & Apphias of the 70. New Hieromartyr Niketas, the Hagiorite Righteous Martyr Philothea of Athens (†1589)
Thu	20	St. Bessarion the Great of Egypt; Bishop Agathos of Rome Bishop Leo of Catania (†875). Bessarion the Great. Bishop Sadok & 128 martyrs of Persia
<i>Fri</i>	21	St. Eustathios, Archbishop of Antioch (against Arianism) St. Zacharias, Patriarch of Jerusalem. St. Timothy of Symbola in Bithynia
Sat	22	Saturday of the Souls. St. Bardatos the Syrian (†460, Synod of Chalcedon). Sts. Thallasios and Limnaios. Discovery of Relics of Holy Martyrs at Eugene's gate, Constantinople
Sun	23	Sunday of Final Judgment (expulsion of Adam & Eve from Paradise - Meatfare) Holy Hieromartyr Polycarp, Bishop of Smyrna (disciple of St. John); St. Gorgonia New-martyr Damian at Larissa. Proterios Archbishop of Alexandria
<i>Mon</i>	24	Cheesefare Monday. First and Second finding of head of St. John the Baptist.
<i>Tue</i>	25	St. Tarasios, Patriarch of Constantinople (†806); Reginos of Skopelos
<i>Wed</i>	26	Great martyr Photini, her sisters & sons; St. Porphyrios Bp of Gaza. Martyr Theocletos
<i>Thu</i>	27	St. Prokopios of Decapolis, the Confessor. St. Stephanos Gerontologist
<i>Fri</i>	28	St. Basil, Confessor. New-Martyr Kyranna of Thessalonike (†1751) Righteous Martyr Jonah of Lerios. St. John Cassian the Confessor

¹**Fasting key:** Plain font Mon xx = no fasting. *Bold Font Mon xx*= fast day: no meat, eggs, dairy products, fish, oil or wine (alcohol).
Exceptions: ♠ = oil, shellfish, wine permitted. ♣ = fish, oil and wine (alcohol) permitted. 🧀 = Dairy, eggs, fish, oil, wine permitted.
 Please see Fr. John if you have any questions regarding the fasting discipline of the Holy Orthodox Church