

Be exalted above the heavens, O God, and Your glory be over all the earth

APRIL 2026



Saints Constantine and Helen Greek Orthodox Church
Very Rev. Father John Beal
Sunday Services 8:50 AM Matins – 10:00 AM Divine Liturgy
 43404 30th St. W, Lancaster, California 93536
orthodoxlancaster.org – Church Phone: 661-945-1212
 For confirmation on any event, please phone or text Sylva Robinson at 661-899-8833

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 9 th Hour 5:20 PM Pre-Sanctified Liturgy 6:00 PM	2	3 9 th Hour 5:20 PM Pre-Sanctified Liturgy 6:00 PM	4 Lazarus Saturday Matins 8AM Baptism 9AM Liturgy 10AM
5 PALM SUNDAY John 12:1-18 Fish Luncheon HOLY WEEK begins with Bridegroom Matins 7:00 PM	6 HOLY MONDAY Bridegroom Matins 7:00 PM	7 HOLY TUESDAY Bridegroom Matins 7:00 PM	8 HOLY WEDNESDAY Bridegroom Matins 4:00 PM Blessing of the Oil (Unction) 7:00 PM	9 HOLY THURSDAY Vespers Liturgy 9:00 AM Crucifixion Matins (12 Passion Gospels) 7:00 PM	10 HOLY FRIDAY Taking Down from Cross Vespers 4:00 PM Lamentation Matins 7:00 PM	11 HOLY SATURDAY Vespers Liturgy 9:00 AM HOLY PASCHA Matins/Liturgy 11:20 PM Anastasis Meal after Liturgy
12 HOLY AND GREAT PASCHA John 1:1-17 Agape Vespers 11:30 AM Pascha Agape Lunch 12:15 PM	13 Renewal Monday Renewal (Bright) Week Fast Free	14 Renewal Tuesday	15 Renewal Wednesday Matins and Liturgy 9:30 AM	16 Renewal Thursday	17 Renewal Friday Life-giving Spring of the Theotokos	18 Renewal Saturday
19 Thomas Sunday John 20:19-31	20	21	22	23	24	25 Feed the Hungry 0830-1030
26 The Holy Myrrh-Bearers Mark 15:43-16:8 Parish Council	27	28	29	30		

CHURCH CALENDAR FOR APRIL 2026¹

Fasting rules see footnote for guide

- Wed 1* Our Holy Mother Mary of Egypt. Martyrs Gerontios & Vasilides. Euthemios of Suzdal
Thu 2 St. Titus the Wonder-worker (†303). Virgin-martyr Theodora. St. Gregory of Nikomedia.
Fri 3 St. Niketas the Confessor. St. Joseph the Hymnographer. Martyrs Theodosia & Irene
Sat 4 ♣ **Saturday of Lazarus.** St. George of Mt. Maleon; St. Zosimos who found St. Mary of Egypt.
 St. Plato the Studite
Sun 5 ➡ **PALM SUNDAY - Triumphal Entry of our Lord and Savior Jesus Christ into Jerusalem**
 Martyrs Claudius, Diodorus, Victor, Victorinus et al; Righteous Theodora of Thessaloniki
 New-martyr George of Ephesus. Martyrs Agathopodes and Theodoulos

HOLY AND GREAT WEEK

- Mon 6* **Holy and Great Monday – Joseph the all-virtuous. Parable of the Fig Tree**
 St. Eutychios, Patriarch of Constantinople (†582); St. Gregory of Sinai. 120 Martyrs of Persia.
Tue 7 **Holy and Great Tuesday – Parable of Ten Virgins** Martyrs Calliopos & Aquilina;
 Deacon-Martyr Rufinus. St. George, Bp. of Mytilene; St. Savvas the New. Gerasimos of Byzantium
Wed 8 **Holy and Great Wednesday – Betrayal of Christ**
 Sts. Agabos, Herodion, Rufus, Asyncritos, Phlegon, Hermes of the 70. Celestine Pope of Rome.
 New-martyr John the ship-builder of Kos
Thu 9 ♣ **Holy and Great Thursday – The Mystical Supper, washing of the Disciples' feet**
 Martyr Eupsychios of Caesarea (†360). Raphael, Nicholas, Irene & Olympias of Mytilene
Fri 10 **Holy and Great Friday – Crucifixion, Removal from the Cross, and Burial**
 St. Gregory 5th, Patriarch of CP (†1821). Martyrs Terence, Pompey and those with them
Sat 11 **Holy and Great Saturday [strict fast] – Entombment of the divine Body, the harrowing of Hades**
 Hieromartyr Antipas, Bishop of Pergamum. Parmuthios the Anchorite.

RENEWAL OF CREATION (BRIGHT) WEEK

all fasting abolished week of 12-18 April

- Sun 12* **HOLY AND GREAT PASCHA - Glorious Resurrection of our Lord, God and Savior Jesus Christ**
 St. Basil the Confessor; Anthusa of Constantinople. Sergios II Patriarch of Constantinople
Mon 13 **Renewal Monday.** St. Martin the Confessor, Pope of Rome (†656). Martyr Theodosios. Martyr Zoilos
Tue 14 **Renewal Tuesday - Rafael, Nicholas, Irene and all newly revealed Martyrs of Mytilene**
 Holy Apostles Aristarchus, Pudens, Trophimus of 70. Martyr Thomaïs. New-martyr Demetrios.
Wed 15 **Renewal Wednesday.** Martyr Crescens of Myra. Nm. Michael & 9 monk-martyrs of Corinth.
 Hieromartyr Leonidas of Athens.
Thu 16 **Renewal Thursday.** Virgin-martyrs Agape, Irene & Chionia. Martyr Michael.
 Martyrs Leonidas, Charissa, Nike, Galene, Kallida, Nounenchia, Vasillisa, Theodora
Fri 17 **Renewal Friday - Life Giving Spring of the Theotokos.** Hieromartyr. Simeon, of Persia.
 St. Macarios, Bishop of Corinth. St. Agapetos, Pope of Rome (†536).
Sat 18 **Renewal Saturday.** Nm. John of Ioanina (†1562). St. John of Decapolis. St. Akakios, Bishop of Melite
Sun 19 **Thomas Sunday.** Martyr Theodore of Pergia. Hieromartyr Paphnutios of Egypt. George the Confessor.
Mon 20 St. Athanasios, of Meteora. Apostle Zacchaeus, the Publican. St. Theodore (Hair Shirt)
Tue 21 Maximian Patriarch of Constantinople. St. Anastasios of Sinai. HM Januaros and companions.
Wed 22 ♣ Theodore of Sykeon, Bishop of Anastasioupolis. Nathaniel, Apostles Luke and Clement of 70
Thu 23 **Holy and Great Martyr George the Trophy Bearer [rest from labor]**
Fri 24 ♣ Elizabeth the Wonder-worker. Nm. Nicholas of Magnesia. Savvas, the Commander
Sat 25 **Holy Apostle and Evangelist Mark**
Sun 26 **Sunday of Myrrh-bearers.** Hm. Basil, Bishop of Amasia. Righteous Nestor. Stephen 1st Bp of Perm
Mon 27 Hieromartyr Apostle Simeon, Kinsman of Lord. Eulogios, Innkeeper of Constantinople
Tue 28 Nine Martyrs of Kyzikos. Righteous Memnon Wonder-worker. Martyr John of Romania
Wed 29 ♣ Martyr Kerkyra. Apostles Jason & Sosipater of 70. St. John of Thebes. Bishop Basil of Montenegro
Thu 30 **Holy Apostle James** (brother of St John †44). New-martyr Argyra. Clement the Hymnographer

¹Fasting key: Plain font Mon xx = no fasting. *Bold Font Mon xx*= fast day: no meat, eggs, dairy products, fish, oil or wine {alcohol}.
 Exceptions: ♣ = oil, shellfish, wine permitted. ➡ = fish, oil and wine (alcohol) permitted. 🧀 = Dairy, eggs, fish, oil, wine permitted.
 Please see Fr. John if you have any questions regarding the fasting discipline of the Holy Orthodox Church