Be exalted above the heavens, O God, and Your glory be over all the earth

OCTOBER 2026

Saints Constantine and Helen Greek Orthodox Church
Very Rev. Father John Beal
Sunday Services 8:50 AM Matins – 10:00 AM Divine Liturgy
43404 30th St. W, Lancaster, California 93536
orthodoxlancaster.org – Church Phone: 661-945-1212
For confirmation on any event, please phone or text Sylva Robinson at 661-899-8833

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 **Holy Protection of the Theotokos**	**2**	**3**
4 **2ND Sunday of Luke** Luke 6:31-36	**5**	**6**	**7**	**8**	**9**	**10**
11 **Holy Fathers 7TH Synod** Luke 8:5-15 **Church School Classes Start**	**12**	**13**	**14**	**15**	**16**	**17**
18 **Luke the Evangelist** Luke 10:16-21 **Parish Council**	**19**	**20**	**21**	**22**	**23** **Holy Apostle Iakovos**	**24** **FEED THE HUNGRY** **8:30-10:30 AM**
25 **6TH Sunday of Luke** Luke 8:26-39	**26** **Great Martyr Demetrios**	**27**	**28**	**29**	**30**	**31**

CHURCH CALENDAR FOR OCTOBER 2026[1]

Fast Wednesdays and Fridays this month. See fasting guideline below.

Thu 1 **Holy Protection of the Most-Holy Theotokos**
St. Romanos the Melodist. Apostle Ananias of the 70. St. John Cucuzelis

Fri 2 Hieromartyr Cyprian, the former Sorcerer, and Virgin martyr Justina. St. Damaris of Athens.
St. Theodore Gabra, the soldier.

Sat 3 Hieromartyr Dionysios the Areopagite, 1st Bishop of Athens.

Sun 4 Hieromartyr Hierotheos, Bishop of Athens. St. Ammon of Egypt, disciple of St. Paul.
Martyr Domnina

Mon 5 Martyr Charitina. Righteous Methodia of Cimolos. Hierarchs of Moscow: Peter, Alexis, Jonas, Philip and Hermogenes

Tue 6 **Holy and Glorious Apostle Thomas**. New-martyr Makarios of Chios (✞1590)

Wed 7 Great-martyrs Sergios and Bacchus. St. John of Crete and the 98 Righteous Fathers w/him

Thu 8 New-martyr Ignatios of the Holy Mountain. Virgin-martyr Pelagia, the former Courtesan.
St. Taisia, the former Harlot.

Fri 9 Apostle Iakovos (James), the son of Alpheus. St. Andronikos the jeweler, and his wife Athanasia. Righteous Abraham the Just and his nephew Lot.

Sat 10 Martyrs Eulampios and his sister Eulampia. Righteous Theophilos

Sun 11 Holy Apostle Philip of the 70, one of the 7 Deacons. St Theophanes the confessor, Bishop of Nicea, hymnographer and composer of Canons. St. Zenais (Zenaida),

Mon 12 St. Symeon the New Theologian. Martyrs Provos, Tarachos, & Andronikos (crucifixion).
St. Theosebios of Arsinoe

Tue 13 Martyrs Karpos, Papylos, Agathodoros, and Agathonika. Holy Monastery Iviron Icon of the Theotokos (Portaitissa).

Wed 14 Great-martyrs Nazarios, Celcus, Gervasios, and Protasios of Milan. St. Cosmas the Hymnographer. St. Parascevi (Petka) of Serbia. St. Ignatios of Methymna

Thu 15 Martyr Lucian, Presbyter in Antioch. St. Euthymios of Ankara. St. Savinos, Bishop of Cyprus

Fri 16 Martyrs Longinos the Centurion, and Longine of the Kievan Caves. Righteous Malos

Sat 17 Hieromartyr St. Andrew. Prophet Hosea. Synaxis of the Holy Unmercenary Saints.

Sun 18 **Holy Apostle and Evangelist Luke**. Sts. Theodore, Symeon & Euphrosyne.

Mon 19 Prophet Joel. Wonder-worker John Ryla. St. John of Kronstadt. Martyr Varus.
St. Cleopatra the Righteous

Tue 20 Great-martyr Artemios. St. Matrona of Chios. St. Gerasimos, the New Ascetic of Cephalonia

Wed 21 St. Hilarion the Great. Great-martyr Theodota & Sokrates. St. Christodoulos of Patmos.
St. Philotheos of Mt. Athos. St. Hilarion of the Kievan Caves.

Thu 22 St. Averkios, Bishop of Hierapolis, Equal-to-the-Apostles. Holy 7 Youths of Euphesus

Fri 23 ♦ **Holy Apostle Iakovos** (James, the greater), brother of the Lord, 1st Bishop of Jerusalem.
St. Macarios the Roman.

Sat 24 Great-martyr Al-Harith (Arethas) and his 4299 fellow Martyrs. Martyr Sebastiane.
Icon of the Theotokos "Joy of All Who Sorrow"

Sun 25 Martyrs Markianos the reader, and Martyrios the sub-deacon, the notaries to St. Paul the Confessor, Patriarch of Constantinople. St. Tabitha the Almsgiver

Mon 26 **Holy Great-martyr Demetrios, the Myrrh-streaming of Thessaloniki**. **[rest from labor]**
New-martyr Ioasaph (✞1536).

Tue 27 Martyr Nestor. St. Prokla, wife of Pontius Pilate. St. Andrew, Prince of Smolensk

Wed 28 Martyrs Terence, Neonilla and 7 children. St. Arsenios of Serbia. St. Dimitri of Rostov.
Holy Protection of the Most-Holy Theotokos (Greece Oxi-Day)

Thu 29 Righteous-martyr Anastasia of Rome. St. Maria.

Fri 30 Hieromartyr Zenobios, Bishop of Aegea, and his sister Martyr Zenobia.

Sat 31 Apostles Stachys, Apelles, Amplias, Urban, Narcissas, and Aristobulos of the 70.
St. Nicolas the New-martyr in Chios.

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[1]**Fasting key: Plain font Mon xx** = no fasting. ***Bold Font Mon xx***= fast day: no meat, eggs, dairy products, fish, oil or wine {alcohol}.
Exceptions: ♦ = oil, shellfish, wine permitted. 🐟 **=** fish, oil and wine (alcohol) permitted. 🎲**=** Dairy, eggs, fish, oil, wine permitted.
Please see Fr. John if you have any questions regarding the fasting discipline of the Holy Orthodox Church