Be exalted above the heavens, O God, and Your glory be over all the earth

NOVEMBER 2026

Saints Constantine and Helen Greek Orthodox Church
Very Rev. Father John Beal
Sunday Services 8:50 AM Matins – 10:00 AM Divine Liturgy
43404 30th St. W, Lancaster, California 93536
orthodoxlancaster.org – Church Phone: 661-945-1212
For confirmation on any event, please phone or text Sylva Robinson at 661-899-8833

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						Daylight Savings ends Nov 1st 2AM
1 **5TH Sunday of Luke** Luke 16:19-31 **Parish Assembly Luncheon**	**2**	**3**	**4**	**5**	**6**	**7**
8 **7TH Sunday of Luke** Luke 8:41-56	**9** **St. Nectarios of Pentapolis: the Wonder-worker**	**10**	**11**	**12** **St. John the Merciful Patriarch of Alexandria**	**13** **St. John Chrysostom Archbishop of Constantinople**	**14** **Holy Apostle Philip**
15 **8TH Sunday of Luke** Luke 10:25-37 **Start of the Nativity Fast** **Parish Council**	**16** **Holy Apostle and Evangelist Matthew**	**17**	**18**	**19**	**20**	**21** **Entrance of Theotokos into the Temple** Matins 9am Liturgy 10am
22 **9TH Sunday of Luke** Luke 12:16-21	**23**	**24**	**25**	**26** **Great Martyr Ekaterina** **Thanksgiving Day**	**27**	**28**
29 **13TH Sunday of Luke** Luke 18:18-27	**30** **Holy Apostle Andrew, the First Called**					

CHURCH CALENDAR FOR NOVEMBER 2026[1]

Fast Wednesdays and Fridays this month. See fasting guideline below.

Sun 1 **Holy Martyrs and Wonder-workers Cosmas and Damian, the unmercenary healers of Asia Minor, and their mother St. Theodota**. St. David of Euboia

Mon 2 Great-Martyrs Akindynos, Pegasios, Aphthonios, Elpidephoros, and Anempodistos of Persia

Tue 3 Martyrs Askepsimas Bishop, Joseph Priest, and Aethalas Deacon of Persia. St. George the new-martyr of Neapolis (✞1797). St. Lydia

Wed 4 Holy Ascetic Father Ioannikios the Great of Olympus(✞842). Hieromartyrs Nikandros, Bishop of Myra and Hermeus the Presbyter. St. Porphyrios the mimic (✞361)

Thu 5 Great-Martyrs Galaktion and his bride Episteme. Apostles Hermas, Patrobas, Linos 2nd Bishop of Rome, Gaius, Philologos of the 70. St. Jonas, Archbishop of Novgorod

Fri 6 St. Paul I the Confessor, Patriarch of Constantinople (✞361). Righteous Luke

Sat 7 The 33 martyrs of Melitene. Lazarus the wonder-worker, the Stylite of Mt. Galesius (✞1054)

Sun 8 **Synaxis of the Chief Commanders Michael, Gabriel, and Raphael, and of all the Bodiless Powers [rest from labor].** Holocuast of Crete (1866). St. Simeon the translator

Mon 9 St. Nectarios, Metropolitan of Pentapolis: Wonder-worker and ascetic Father of Aegina (✞1920). Martyrs Onesiphorous & Porphyrios. Holy Ascetic Mothers Matrona & Theoktiste.

Tue 10 Apostles Erastus, Olympas, Rodion, Sosipatros, Quartus, Tertius of the 70. Martyr Orestes

Wed 11 Great-martyr Menas (Egypt), Martyrs Victor (Italy), Vincent the Deacon (Spain) and Stephanie. Our Holy Father Theodore the Studite (✞826)

Thu 12 **Our Father among the Saints John the Merciful, Patriarch of Alexandria**. St. Martin of Tours, France. St. Nilus of Sinai the myrrh-streaming. New-martyr Savvas (✞1726)

Fri 13 ♦ **Our Father among the Sts John Chrysostom, Abp. Constantinople**(✞407) **[rest from labor]** New-martyr Damaskinos of Cp (✞1681). Blessed Irene Myrtidiotissa (✞1960)

Sat 14 **Holy Apostle Philip of the 12 [rest from labor].** St. Gregory Palamas, Wonder-worker Archbishop of Thessalonike. New-martyrs Constantine of Hydra; Panteleimon of Spetsae

START OF THE NATIVITY FAST

Sun 15 🐟 Martyrs of Edessa: Gourias, Shamuna, Habib the Deacon. Thomas, Patriarch of CP. St. Paisius (Velichkovsky ✞1843). St. Felix of Nola. Emperor Justinian and Theodora

Mon 16 🐟 **Holy Apostle and Evangelist Matthew**

Tue 17 🐟 Our Father among the Saints Gregory the Wonder-worker, Bishop of Neocaesaria. St. Gennadios, Partriarch of Constantinople. St. Nicon the disciple of St. Sergius of Radonezh

Wed 18 Great-martyr Platon and Martyr Romanus. St. Anastasius the New-martyr (✞1750)

Thu 19 🐟 Holy Prophet Abdias (Obadiah). Holy Martyr Barlaam

Fri 20 Pre-festival of the Entry of the Theotokos into the Temple. Our father among the Saints, St. Gregory of Dekapolis; Proklos, Archbishop of Constantinople. St. Dasios martyr (✞299)

Sat 21 🐟 **Entry of our Most-Holy Lady Theotokos and Ever-Virgin Mary into the Temple [rest from labor]**

Sun 22 🐟 Holy Apostles Philemon, Apfia, Archippus, and Onesimus of the 70 Holy Martyr Mother Cecelia, and Valerian, Tiburtios. St. Michael, Great prince of Tver

Mon 23 🐟 Our Fathers among the Saints St. Amphilochios, Bishop of Iconium, friend of St. Basil the Great; and Gregory, Bishop of Agrigentum, Sicily. St. Alexander Nevsky

Tue 24 🐟 Our Fathers among the Saints and Hieromartyrs Clement, 3rd Bishop of Rome and Peter, Bishop of Alexandria (✞311). St. Mercurius of the Kievan Caves

Wed 25 ♦ **Holy and all-wise Great Martyr Ekaterina (✞311) [rest from labor]** Apodosis of the Entry of the Theotokos. Great-martyr Merkurios

Thu 26 🐟 St. Stylianos, the hermit of Paphlagonia. St. Alypius the Stylite (✞608).

Fri 27 Holy Iakovos, Great-martyr of Persia. Righteous Nathaniel. "Kursk" Icon of the Theotokos

Sat 28 🐟 Holy ascetic martyr Steven the New, confessor (✞766). St. Irenarchus the martyr

Sun 29 🐟 Paramonos of Balsatia and the 370 martyrs with him (✞255). Dionysios, Bishop of Corinth. Martyrs Philoumenos, Valerinus, and Phaidrus

Mon 30 🐟 **Holy, glorious, and all-lauded Apostle Andrew, the First-Called. [rest from labor]** St. Alexander, Bishop of Methymna. Frumentios of Ethiopia

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[1]**Fasting key: Plain font Mon xx** = no fasting. ***Bold Font Mon xx***= fast day: no meat, eggs, dairy products, fish, oil or wine {alcohol}.
Exceptions: ♦ = oil, shellfish, wine permitted. 🐟 **=** fish, oil and wine (alcohol) permitted. 🥚🧀**=** Dairy, eggs, fish, oil, wine permitted.
Please see Fr. John if you have any questions regarding the fasting discipline of the Holy Orthodox Church